

# RECIPE IDEAS FOR #Bubbles



## Classic giant bubbles:

- Water 1 Litre
- Guar Gum ¼ Teaspoon
- Washing Up Liquid\* 8-13 Teaspoons
- Baking Powder ½ Teaspoon
- Glycerine or Rubbing Alcohol ½ Teaspoon (Fairy Liquid Works Best!)

## Glow in the dark bubbles:

- 1 cup of water
- 1 tsp of washing up liquid
- 1 squirt of glow in the dark or fluorescent paint

## Frozen bubbles (For winter):

- Try blowing bubbles outside and watch them freeze in mid-air!
- All you need for this activity is bubbles! Pair that with the right weather conditions, and you are sure to be amazed!
- It is best to do this activity in the shade & out of direct sunlight

## Lavender bubbles:

- 4 cups of warm water with ½ cup of sugar
- Once the sugar is completely dissolved, add ¾ cup of lavender washing up liquid,
- 1 drop of blue food colouring and 3 drops of red food colouring. Store in an airtight container

## Things you may need:

If it's a cold day, waterproof clothing, under-layers and wellies would be helpful. A old cloth might be useful to dry hands if the bubble mixture spills.



## Links to the EYFS

- Physical Development
- Personal, Social and Emotional Development
- Communication and Language
- Understanding the World

## Characteristics of Effective Learning

- Playing and Exploring
- Active Learning