



**50**  
things to do

before you're  
**five**

## ACTIVITY IDEAS

#

### How to do it



### Words you can use

### Top tips

### Area of communication and language





# ACTIVITY IDEAS #36 Ready, Steady, Blow



## How to do it

1. Call your child's name and blow some bubbles to gain your child's attention.
2. Stop blowing the bubbles, see if this captures your child's attention.
3. If your child looks at you, makes a sound or communicates they want more bubbles then you can say '**more bubbles**' and blow the bubbles.
4. Repeat this, each time waiting for your child to communicate they want more bubbles.

**Once your child is familiar with this activity you can introduce 'ready, steady, go' to help develop your child's attention skills.**

5. This time after you have said '**more bubbles**' pause and say '**Ready, Steady.....**' and wait until your child communicates they want more bubbles before saying '**Go**' and blowing the bubbles.
6. When its time to end the activity stop blowing bubbles and wait to see if your child requests more bubbles. This time let them know the game is finished by saying '**Finished**' - '**All gone**'.



## Words you can use

**Keep your language nice and simple during play.**

**As your child starts to use one word phrases you can extend this to two words.**

Pop - Bubble - Blow

Big - Shiny - More

More bubbles - Big bubble

## Top tips

- Have a go at this activity for 5 minutes everyday
- Don't worry if your child doesn't repeat the words, hearing you say the words will help support their understanding

## Area of communication and language

- Attention
- Understanding





## ACTIVITY IDEAS #30 Yummy Picnic



### How to do it

This activity can be done at home using a blanket or rug.

**Objects you will need:**

Cups and plates

Doll and teddy (or two different characters)

Pretend or real food (two different options)

1. Set up your picnic naming the objects as you put them out; “cup”, “plate”, “Apple”, “Cake”, “Dolly”, “Teddy”.
2. Take some time to pretend to feed the teddies and give them drinks, whilst you do this describe what is happening; “Teddy is eating apple”, “Dolly is eating cake”.
3. Whilst you play to check your child’s level of understanding you could ask questions like “Where is teddy?”, “Where is the cake?”, its ok for them to point or look at the object to show their understanding.

Don’t worry if you child isn't able to answer, spend more time playing together modeling the different words and have fun!

If your child is able to answer the questions you could ask some different questions to support the development of their understanding.

3. Tell your child that dolly and teddy are feeling hungry.
4. Put some food out, naming this for your child.
5. Ask your child “Give teddy some apple”, “Give dolly some cake”.

### Words you can use

Keep your language nice and simple during play.

As your child starts to use one word phrases you can extend this to two words.

Apple - Orange

Drink - Eat

More apple - Dolly thirsty

### Top tips

- Reduce questions during play, for each question you ask make 5 comments.
- Don't put pressure on your child, if they dont know the answer go back to naming the items.
- You can use pointing and gestures to support your childs understanding.

### Area of communication and language

- Understanding





# ACTIVITY IDEAS #34 Woodland Wandering



## How to do it

There are lots of sounds you can hear in the woodlands, this is a great activity to support your child's listening skills.

1. Whilst on your walk listen out for any sounds you can hear, when you hear something you can put your hand up to your ear and say "listen....a bird". Pause before you say the word to give your child the time to listen too.

Once your child is familiar with this activity you can ask some simple questions to support your child's understanding.

2. When you next hear a sound you can say "oh..what's that sound?" and see if your child can identify the sound.



## Words you can use

Keep your language nice and simple during play.

As your child starts to use one word phrases you can extend this to two words.

Bird - Dog - Aeroplane

Loud - Quiet - Noisy

Rustling leaves - Barking dog



## Top tips

- Use lots of praise throughout, you could say "good listening", "well done"

## Area of communication and language

- Listening

